

Plan A

MiraCosta College General Education Requirements 2024–2025

Plan A will satisfy general education requirements at MiraCosta College but will not satisfy all general education requirements for transfer to a CSU or UC campus and is not intended for students transferring to a four-year institution.

Area 1—English Composition, Oral Communication, & Critical Thinking

1A. English Composition

A minimum of 3 semester units is required.

Required courses:

ENGL 100	Composition and Reading	4
ENGL 100H	Composition and Reading (Honors)	4

1B. Oral Communication & Critical Thinking

A minimum of 3 semester units is required. Select **one** course from any discipline.

Required courses:

COMM 101	Public Speaking	3
COMM 106	Group Communication	3
COMM 190	Introduction to Persuasion	3
COMM 207	Interpersonal Communication	3
COMM 212	Argumentation	3
ENGL 201	Critical Thinking, Composition, and Literature	4
ENGL 201H	Critical Thinking, Composition, and Literature (Honors)	4
ENGL 202	Critical Thinking and Composition	4
ENGL 202H	Critical Thinking and Composition (Honors)	4
PHIL 100	Critical Thinking and Writing	3
PHIL 110	Introduction to Logic	3
PHIL 110H	Introduction to Logic (Honors)	3
PSYC 105	Critical Thinking in Psychology	3
READ 100	Critical Reading and Thinking	3

Area 2—Mathematical Concepts & Quantitative Reasoning

A minimum of 3 semester units is required. Select **one** course from any discipline.

Required courses:

BUS 147	Personal Finance	3
BUS 204	Business Statistics	3
BUS 204H	Business Statistics (Honors)	3
BTEC 180	Biostatistics	4
BTEC 180H	Biostatistics (Honors)	4
CSIT 123	Introduction to Data Analytics	3
MATH 102	Math Fundamentals: Mathematics for Life	3
MATH 103	Statistics	4

MATH 103H	Statistics (Honors)	4
MATH 103S	Statistics with Integrated Support	5
MATH 105	Concepts and Structures of Elementary Mathematics I	3
MATH 106	Concepts and Structures of Elementary Mathematics II	3
MATH 112	Algebraic Concepts for Problem Solving	3
MATH 115	Calculus with Applications	5
MATH 126	Pre-Calculus I: College Algebra	4
MATH 126S	Pre-Calculus I: College Algebra with Integrated Support	5
MATH 131	Pre-Calculus II: Trigonometry and Analytic Geometry	4
MATH 131H	Pre-Calculus II: Trigonometry and Analytic Geometry (Honors)	4
MATH 135	Pre-Calculus Mathematics	6
MATH 150	Calculus and Analytic Geometry I	5
MATH 150H	Calculus and Analytic Geometry I (Honors)	5
MATH 150S	Calculus and Analytical Geometry I with Integrated Support	7
MATH 155	Calculus and Analytic Geometry II	4
MATH 155H	Calculus and Analytic Geometry II (Honors)	4
MATH 260	Calculus and Analytic Geometry III	4
MATH 260H	Calculus and Analytic Geometry III (Honors)	4
PHAR 201	Pharmacology Essentials for Nursing Practice	3
PSYC 104	Statistics for Behavioral Science	4
PSYC 104H	Statistics for Behavioral Science (Honors)	4
SOC 125	Introduction to Statistics in Sociology	4

Area 3—Arts & Humanities

These courses study the cultural activities and artistic expressions of human beings and develop the following:

- ▶ An awareness of how people throughout the ages and in different cultures respond to themselves and the world around them in artistic and cultural creation.
- ▶ Aesthetic understandings.
- ▶ An ability to make value judgments.

A minimum of 3 semester units is required. Select **one** course from any discipline.

Required courses:

ART 100	Drawing and Composition	3
ART 101	Design and Color	3
ART 103	3D Design	3
ART 104	Artists & Designers Now	3
ART 157	Art Orientation	3
ART 158	Traditional Arts of Africa, Oceania, and the Americas	3
ART 159	Pre-Columbian Art	3
ART 159H	Pre-Columbian Art (Honors)	3

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ART 201	Objects and Ideas in Contemporary Art	3	FREN 201	Intermediate French (Third Semester)	4
ART 232	Video Art	3	FREN 202	Intermediate French (Fourth Semester)	4
ART 244	Digital Media for the Visual Artist	3	GRMN 101	Elementary German (First Semester)	4
ART 254	Understanding and Appreciating the Photographic Image	3	GRMN 102	Elementary German (Second Semester)	4
ART 258	Ancient to Gothic Art	3	GRMN 121	Introduction to German Culture	3
ART 259	History of Renaissance to Modern Art	3	GRMN 201	Intermediate German (Third Semester)	4
ART 260	History of Modern Art	3	HIST 103	Early European History and Culture	3
ART 260H	History of Modern Art (Honors)	3	HIST 103H	Early European History and Culture (Honors)	3
ART 290	Landmarks of Art	3	HIST 104	Modern European History and Culture	3
AUTO 110	History of the Automobile	3	HIST 104H	Modern European History and Culture (Honors)	3
CCS 100	Introduction to Chicana/o Studies	3	HUMN 101	Introduction to the Arts	3
CCS 232	Critical Issues in Chicana and Latina Studies	3	HUMN 101H	Introduction to the Arts (Honors)	3
COMM 111	Narrative Performance	3	HUMN 201	Cultural Eras in the Humanities: Prehistory to 1600	3
COMM 150	Communication, Culture, and Leadership	3	HUMN 202	Humanities of the Western World: The Renaissance to the Twentieth Century	3
COMM 215	Intercultural Communication	3	HUMN 205	Women in Western Art and Literature	3
DESN 107	History of Western Architecture-A Sustainable Perspective	3	ITAL 101	Elementary Italian (First Semester)	4
DESN 108	World Architecture	3	ITAL 102	Elementary Italian (Second Semester)	4
DNCE 100	Dance Appreciation	3	ITAL 121	Introduction to Italian Culture	3
DNCE 100H	Dance Appreciation (Honors)	3	ITAL 201	Intermediate Italian (Third Semester)	4
DNCE 101	Dance History	3	ITAL 202	Intermediate Italian (Fourth Semester)	4
DNCE 101H	Dance History (Honors)	3	JAPN 101	Elementary Japanese (First Semester)	4
DNCE 104	Dance on Film	3	JAPN 101H	Elementary Japanese (First Semester) (Honors)	4
DNCE 104H	Dance on Film (Honors)	3	JAPN 102	Elementary Japanese (Second Semester)	4
DNCE 105	Dance Cultures of the World	3	JAPN 121	Introduction to Japanese Culture	3
DNCE 105H	Dance Cultures of the World (Honors)	3	JAPN 123	Japanese Anime and Manga	3
DRAM 105	Introduction to Theatre	3	JAPN 123H	Japanese Anime and Manga (Honors)	3
DRAM 130	Acting I	3	JAPN 201	Intermediate Japanese (Third Semester)	4
DRAM 134	Introduction to Performance	3	JAPN 202	Intermediate Japanese (Fourth Semester)	4
DRAM 222	Introduction to Black Theater	3	LIT 100	Introduction to Chicano Chicana Literature	3
ETHN 100	Introduction to Ethnic Studies	3	LIT 101	Introduction to Asian American Literature	3
FILM 101	Introduction to Film	3	LIT 120	Introduction to Literature	3
FILM 101H	Introduction to Film (Honors)	3	LIT 122	Introduction to African American Literature	3
FILM 106	Study of Cinematic Adaptation	3	LIT 250	American Literature: First Contact Through the Civil War	3
FILM 111	Film History I: 1880-1948	3			
FILM 111H	Film History I: 1880-1948 (Honors)	3			
FILM 112	Film History II: 1948-Present	3			
FILM 112H	Film History II: 1948-Present (Honors)	3			
FILM 211	Identity and Film: Race, Class, Gender and Sexuality	3			
FILM 211H	Identity and Film: Race, Class, Gender and Sexuality (Honors)	3			
FILM 212	Women and Film: Representation and Impact	3			
FILM 212H	Women and Film: Representation and Impact (Honors)	3			
FREN 101	Elementary French (First Semester)	4			
FREN 102	Elementary French (Second Semester)	4			
FREN 121	Introduction to French Culture	3			

LIT 250H	American Literature: First Contact Through the Civil War (Honors)	3
LIT 251	American Literature: Mid-1800s to the Present	3
LIT 251H	American Literature: Mid-1800s to the Present (Honors)	3
LIT 260	English Literature Through the 18th Century	3
LIT 260H	English Literature Through the 18th Century (Honors)	3
LIT 261	English Literature: Romantic to Contemporary	3
LIT 261H	English Literature: Romantic to Contemporary (Honors)	3
LIT 265	Shakespeare Studies	3
LIT 265H	Shakespeare Studies (Honors)	3
LIT 270	World Literature to 1600	3
LIT 270H	World Literature to 1600 (Honors)	3
LIT 271	World Literature Since 1600	3
MAT 105	History of Graphic Design	3
MUS 100	Introduction to Music Theory	3
MUS 112	American Popular Music	3
MUS 113	The Music of America	3
MUS 114	History of Rock and Roll	3
MUS 115	History of Classical Music	3
MUS 116	A Survey of World Music	3
MUS 119	Jazz History	3
MUS 119H	Jazz History (Honors)	3
NAIS 100	Introduction to Native American and Indigenous Studies	3
PACS 100	Introduction to Pacific Islander and Oceania Studies	3
PHIL 101	Introduction to Philosophy: Knowledge and Reality	3
PHIL 101H	Introduction to Philosophy: Knowledge and Reality (Honors)	3
PHIL 102	Contemporary Moral Problems	3
PHIL 221	Philosophy of Religion	3
RELG 101	World Religions	3
RELG 101H	World Religions (Honors)	3
RELG 103	Religion in America	3
RELG 105	Eastern Religions	3
SOC 232	Critical Issues in Chicana and Latina Studies	3
SPAN 101	Elementary Spanish (First Semester)	4
SPAN 102	Elementary Spanish (Second Semester)	4
SPAN 201	Intermediate Spanish (Third Semester)	4
SPAN 202	Intermediate Spanish (Fourth Semester)	4
SPAN 205	Hispanic Film, Literature, and Composition	3
SPAN 221	Spanish for Native Speakers	4
SPAN 222	Spanish for Native Speakers II	4

Area 4—Social & Behavioral Sciences

These courses focus on people as members of society and accomplish the following:

- ▶ Develop awareness of the methods of inquiry used by the social and behavioral sciences.
- ▶ Stimulate critical thinking about the ways people act and have acted in response to their societies.
- ▶ Promote appreciation of how societies and social subgroups operate.

A minimum of 3 semester units is required. Select **one** course from any discipline.

Required courses:

ADM 100	Introduction to the Administration of Justice	3
ADM 200	Concepts of Criminal Law	3
ANTH 102	Cultural Anthropology	3
ANTH 102H	Cultural Anthropology (Honors)	3
ANTH 103	Introduction to Archaeology	3
ANTH 104	Native American Cultures	3
ANTH 105	Evolution of Human Behavior	3
ANTH 105H	Evolution of Human Behavior (Honors)	3
ANTH 107	Gender, Sex, and Sexuality	3
ANTH 120	Global Health	3
ANTH 190	Primate Behavior and Ecology	3
AUTO 111	Car Culture	3
CCS 100	Introduction to Chicana/o Studies	3
CCS 232	Critical Issues in Chicana and Latina Studies	3
CHLD 113	Child and Adolescent Growth and Development	3
CHLD 235	Children in a Diverse Society	3
COMM 120	Principles of Human Communication	3
COMM 135	Gender Studies in Communication	3
COMM 220	Introduction to Mass Communication	3
CSIT 160	Technology, the Individual, and Society	3
ECON 100	Survey of Economics	3
ECON 101	Principles of Economics: MACRO	3
ECON 102	Principles of Economics: MICRO	3
ETHN 100	Introduction to Ethnic Studies	3
GEOG 102	People, Place, and Time: Introduction to Human Geography	3
GEOG 104	World Geography	3
GEOG 108	Environmental Sustainability and Society	3
GERO 101	Introduction to Aging	3
GERO 250	Intergenerational Issues	3
HIST 100	World History to 1500	3
HIST 100H	World History to 1500 (Honors)	3
HIST 101	World History Since 1500	3
HIST 101H	World History Since 1500 (Honors)	3
HIST 102	History of the Modern Middle East	3

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HIST 102H	History of the Modern Middle East (Honors)	3
HIST 105	History of England	3
HIST 105H	History of England (Honors)	3
HIST 107	East Asian Societies	3
HIST 110	United States History to 1877	3
HIST 110H	United States History to 1877 (Honors)	3
HIST 111	United States History Since 1877	3
HIST 111H	United States History Since 1877 (Honors)	3
HIST 113	American Military History	3
HIST 113H	American Military History (Honors)	3
HIST 115	Women in American History	3
HIST 115H	Women in American History (Honors)	3
HIST 116	History of the Americas to 1830	3
HIST 116H	History of the Americas to 1830 (Honors)	3
HIST 117	History of the Americas Since 1830	3
HIST 117H	History of the Americas Since 1830 (Honors)	3
HIST 141	Mexican American History Through 1877	3
HIST 141H	Mexican American History Through 1877 (Honors)	3
HIST 142	Mexican American History Since 1877	3
HIST 142H	Mexican American History Since 1877 (Honors)	3
HIST 145	African American History to 1877	3
HIST 145H	African American History to 1877 (Honors)	3
HIST 146	African American History Since 1877	3
HIST 146H	African American History Since 1877 (Honors)	3
HIST 165	California History	3
NAIS 100	Introduction to Native American and Indigenous Studies	3
PACS 100	Introduction to Pacific Islander and Oceania Studies	3
PLSC 101	Introduction to Political Science	3
PLSC 101H	Introduction to Political Science (Honors)	3
PLSC 102	American Institutions and History	4
PLSC 103	Comparative Government	3
PLSC 150	Introduction to International Relations	3
PSYC 100	Psychology of Personal Growth	3
PSYC 101	General Psychology	3
PSYC 101H	General Psychology (Honors)	3
PSYC 103	Social Psychology	3
PSYC 114	Abnormal Psychology	3
PSYC 115	Human Sexuality	3
PSYC 121	Human Development	3

PSYC 121H	Human Development (Honors)	3
PSYC 125	Psychology of Women	3
PSYC 170	Psychology of Aging: Adult Development and Aging	3
PSYC 211	Learning and Behavior Modification	3
SOC 101	Introduction to Sociology	3
SOC 101H	Introduction to Sociology (Honors)	3
SOC 102	Contemporary Social Problems	3
SOC 103	Social Psychology	3
SOC 105	Introduction to Justice Studies	3
SOC 120	Introduction to Women's Studies	3
SOC 130	Introduction to Gender Studies	3
SOC 140	Introduction to LGBT Studies	3
SOC 232	Critical Issues in Chicana and Latina Studies	3
SOC 250	Introduction to Pacific Studies	3

Area 5—Natural Sciences

These courses examine the physical universe, its life forms, and its natural phenomena. They help students appreciate and understand the scientific method and the relationships between science and other human activities.

A minimum of 3 semester units is required. Select **one** course from any discipline. Courses with a laboratory component are identified with a #.

Required courses:

ANTH 101	Biological Anthropology	3
ANTH 101H	Biological Anthropology (Honors)	3
ANTH 101L	Biological Anthropology Laboratory #	1
ANTH 101LH	Biological Anthropology Lab (Honors)	1
ANTH 105	Evolution of Human Behavior	3
ANTH 105H	Evolution of Human Behavior (Honors)	3
ANTH 190	Primate Behavior and Ecology	3
ASTR 101	Descriptive Astronomy	3
ASTR 101L	Descriptive Astronomy Laboratory #	1
ASTR 120	Life in the Universe	3
BIO 102	Introductory Biology: Ecology and Environmental Biology #	4
BIO 103	Introductory Biology: Animal Diversity	3
BIO 104	Introductory Biology: Botany (Plant Life) #	4
BIO 105	Introductory Biology: Biotechnology in Society	3
BIO 107	Introductory Biology: Marine Biology #	4
BIO 108	Introductory Biology: Ocean Ecology and Sustainability	3
BIO 108L	Introductory Biology: Ocean Ecology and Sustainability Lab #	1
BIO 110	Introductory Biology: Preparation for Pre-Health Professions (Lecture/Lab) #	4

BIO 111	Introductory Biology: Preparation for Pre-Health Professions (Lecture)	3	NURS 153	Pathophysiology for Health Professions	3
BIO 111L	Introductory Biology: Preparation for Pre-Health Professions (Lab) #	1	NUTR 100	Nutrition Today	3
BIO 202	Foundations of Biology: Evolution, Biodiversity, and Organismal Biology #	4	NUTR 100H	Nutrition Today (Honors)	3
BIO 204	Foundations of Biology: Biochemistry, Cell Biology, Genetics, and Molecular Biology #	4	NUTR 120	Principles of Food Science with Lab #	3
BIO 204H	Foundations of Biology: Biochemistry, Cell Biology, Genetics, and Molecular Biology (Honors)	4	OCEA 101	Introduction to Oceanography	3
BIO 220	Human Physiology #	4	OCEA 101H	Introduction to Oceanography (Honors)	3
BTEC 108	Biomanufacturing: From Gene to Product	3	OCEA 101L	Introductory Oceanography Laboratory #	1
BTEC 108H	Biomanufacturing: From Gene to Product (Honors)	3	PHSN 106	Introduction to Physical Science: Physics and Chemistry	3
CHEM 103	Chemistry and Society: For Non-Science Majors	3	PHSN 108	Introduction to Climate Change	3
CHEM 103L	Chemistry and Society: For Non-Science Majors (Lab) #	1	PHSN 108H	Introduction to Climate Change (Honors)	3
CHEM 112	Introductory General, Organic, and Biological Chemistry: For Allied Health Majors #	5	PHYS 111	Introductory Physics I #	4
CHEM 115	Introductory General Chemistry: For Allied Health Majors #	4	PHYS 111H	Introductory Physics I (Honors)	4
CHEM 115H	Introductory General Chemistry: For Allied Health Majors (Honors)	4	PHYS 112	Introductory Physics II #	4
CHEM 116	Introductory Organic and Biological Chemistry: For Allied Health Majors #	4	PHYS 112H	Introductory Physics II (Honors)	4
CHEM 140	Preparation for General Chemistry: For Science Majors #	4	PHYS 151	Principles of Physics I #	4
CHEM 150	General Chemistry I: For Science Majors #	5	PHYS 151H	Principles of Physics I (Honors)	4
CHEM 150H	General Chemistry I: For Science Majors (Honors)	5	PHYS 152	Principles of Physics II #	4
CHEM 151	General Chemistry II: For Science Majors #	5	PHYS 152H	Principles of Physics II (Honors)	4
CHEM 151H	General Chemistry II: For Science Majors (Honors)	5	PHYS 253	Principles of Physics III #	4
EART 106	Earth and Space Science	3	PHYS 253H	Principles of Physics III (Honors)	4
EART 106H	Earth and Space Science (Honors)	3	PSYC 260	Physiological Psychology	3
GEOG 101	Earth's Dynamic Environment: Introduction to Physical Geography	3	Area 6—Ethnic Studies		
GEOG 101L	Earth's Dynamic Environment: Introduction to Physical Geography Lab #	1	A minimum of 3 semester units is required. Select one course from any discipline.		
GEOG 155	Introduction to Geographic Information Systems and Techniques with Lab #	4	Required courses:		
GEOL 101	Physical Geology	3	CCS 100	Introduction to Chicana/o Studies	3
GEOL 101H	Physical Geology (Honors)	3	CCS 232	Critical Issues in Chicana and Latina Studies	3
GEOL 101L	Physical Geology Laboratory #	1	ETHN 100	Introduction to Ethnic Studies	3
HORT 115	Soil Science #	3	ETHN 207	Race and Ethnic Relations	3
HORT 116	Plant Science #	4	SOC 207	Race and Ethnic Relations	3
			SOC 232	Critical Issues in Chicana and Latina Studies	3

Important Information

- ▶ This general education pattern is subject to change year by year, but students are assured that courses taken to meet this requirement will be honored if they are approved for the academic year that the course is completed. Courses on this list are approved effective fall 2024 and are valid through summer 2025.
- ▶ Credit will not be awarded for both the honors and the non-honors version of a course.
- ▶ Courses may be used to satisfy a general education and a major requirement.
- ▶ Courses listed in two different areas may be used in either area but not both.