

# Plan A

## MiraCosta College General Education Requirements 2023–2024

Plan A will satisfy general education requirements at MiraCosta College but will not satisfy all general education requirements for transfer to a CSU or UC campus and is not intended for students transferring to a four-year institution.

### AREA A—Language & Reasoning

These courses develop the principles and applications of language toward

- ▶ Logical thought
- ▶ Clear and precise expression
- ▶ Critical evaluation of communication.

#### A1. English Composition

A minimum of 3 semester units is required.

Required courses:		
ENGL 100	Composition and Reading *	4
or ENGL 100H	Composition and Reading (Honors)	

#### A2. Communication & Analytical Thinking

A minimum of 3 semester units is required. Select one course from any discipline.

Required courses:		
BTEC 180	Biostatistics *	4
BTEC 180H	Biostatistics (Honors) *	4
BUS 147	Personal Finance *	3
BUS 204	Business Statistics *	3
BUS 204H	Business Statistics (Honors) *	3
COMM 101	Public Speaking	3
COMM 106	Group Communication	3
COMM 190	Introduction to Persuasion	3
COMM 207	Interpersonal Communication	3
COMM 212	Argumentation	3
CSIT 123	Introduction to Data Analytics	3
ENGL 201	Critical Thinking, Composition, and Literature *	4
ENGL 201H	Critical Thinking, Composition, and Literature (Honors) *	4
ENGL 202	Critical Thinking and Composition *	4
ENGL 202H	Critical Thinking and Composition (Honors) *	4
MATH 64	Intermediate Algebra *	4
MATH 64S	Intermediate Algebra with Integrated Support *	6
MATH 102	Math Fundamentals: Mathematics for Life *	3
MATH 103	Statistics *	4
MATH 103S	Statistics with Integrated Support *	5
MATH 105	Concepts and Structures of Elementary Mathematics I *	3

MATH 106	Concepts and Structures of Elementary Mathematics II *	3
MATH 112	Algebraic Concepts for Problem Solving *	3
MATH 115	Calculus with Applications *	5
MATH 126	Pre-Calculus I: College Algebra *	4
MATH 126S	Pre-Calculus I: College Algebra with Integrated Support	5
MATH 131	Pre-Calculus II: Trigonometry and Analytic Geometry *	4
MATH 131H	Pre-Calculus II: Trigonometry and Analytic Geometry (Honors) *	4
MATH 150	Calculus and Analytic Geometry I *	5
MATH 150H	Calculus and Analytic Geometry I (Honors) *	5
MATH 155	Calculus and Analytic Geometry II *	4
MATH 155H	Calculus and Analytic Geometry II (Honors) *	4
MATH 260	Calculus and Analytic Geometry III *	4
MATH 260H	Calculus and Analytic Geometry III (Honors) *	4
PHIL 100	Critical Thinking	3
PHIL 110	Introduction to Logic	3
PHIL 110H	Introduction to Logic (Honors)	3
PSYC 104	Statistics for Behavioral Science *	4
PSYC 104H	Statistics for Behavioral Science (Honors) *	4
PSYC 105	Critical Thinking in Psychology	3
READ 100	Critical Reading and Thinking *	3
SOC 125	Introduction to Statistics in Sociology *	4

### AREA B—Natural Sciences

These courses examine the physical universe, its life forms, and its natural phenomena. These courses will:

- ▶ Help the student develop an appreciation and understanding of the scientific method
- ▶ Encourage an understanding of the relationships between science and other human activities.

A minimum of 3 semester units is required. Courses with a laboratory component are defined with a #.

Required courses:		
ANTH 101	Biological Anthropology	3
ANTH 101H	Biological Anthropology (Honors)	3
ANTH 101L	Biological Anthropology Laboratory #	1
ANTH 101LH	Biological Anthropology Lab (Honors) #	1
ANTH 105	Evolution of Human Behavior	3
ANTH 105H	Evolution of Human Behavior (Honors)	3
ANTH 190	Primate Behavior and Ecology	3
ANTH 190H	Primate Behavior and Ecology (Honors)	3
ASTR 101	Descriptive Astronomy	3

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ASTR 101L	Descriptive Astronomy Laboratory #	1
ASTR 120	Life in the Universe	3
ASTR 201	Introductory Astronomy	3
BIO 102	Introductory Biology: Ecology and Environmental Biology #	4
BIO 103	Introductory Biology: Animal Diversity	3
BIO 104	Introductory Biology: Botany (Plant Life) #	4
BIO 105	Introductory Biology: Biotechnology in Society	3
BIO 106	Introductory Biology: Infectious Diseases—A Global Concern	3
BIO 107	Introductory Biology: Marine Biology #	4
BIO 108	Introductory Biology: Ocean Ecology and Sustainability	3
BIO 108L	Introductory Biology: Ocean Ecology and Sustainability Lab #	1
BIO 109	Introductory Biology: The Fundamentals of Life on Earth #	4
BIO 110	Introductory Biology: Preparation for Pre-Health Professions (Lecture/Lab) #	4
BIO 111	Introductory Biology: Preparation for Pre-Health Professions (Lecture)	3
BIO 111L	Introductory Biology: Preparation for Pre-Health Professions (Lab) #	1
BIO 202	Foundations of Biology: Evolution, Biodiversity, and Organismal Biology #	4
BIO 204	Foundations of Biology: Biochemistry, Cell Biology, Genetics, and Molecular Biology #	4
BIO 204H	Foundations of Biology: Biochemistry, Cell Biology, Genetics, and Molecular Biology (Honors) #	4
BIO 220	Human Physiology #	4
BTEC 108	Biomanufacturing: From Gene to Product	3
BTEC 108H	Biomanufacturing: From Gene to Product (Honors)	3
CHEM 103	Chemistry and Society: For Non-Science Majors	3
CHEM 103L	Chemistry and Society: For Non-Science Majors (Lab) #	1
CHEM 112	Introductory General, Organic, and Biological Chemistry: For Allied Health Majors #	5
CHEM 115	Introductory General Chemistry: For Allied Health Majors #	4
CHEM 115H	Introductory General Chemistry: For Allied Health Majors (Honors) #	4
CHEM 116	Introductory Organic and Biological Chemistry: For Allied Health Majors #	4
CHEM 140	Preparation for General Chemistry: For Science Majors #	4

CHEM 150	General Chemistry I: For Science Majors #	5
CHEM 150H	General Chemistry I: For Science Majors (Honors) #	5
CHEM 151	General Chemistry II: For Science Majors #	5
CHEM 151H	General Chemistry II: For Science Majors (Honors) #	5
EART 106	Earth and Space Science	3
EART 106H	Earth and Space Science (Honors)	3
GEOG 101	Physical Geography	3
GEOG 101L	Physical Geography Laboratory #	1
GEOL 101	Physical Geology	3
GEOL 101H	Physical Geology (Honors)	3
GEOL 101L	Physical Geology Laboratory #	1
HORT 115	Soil Science #	3
HORT 116	Plant Science #	4
NURS 153	Pathophysiology for Health Professions #	3
NUTR 100	Nutrition Today	3
NUTR 100H	Nutrition Today (Honors)	3
NUTR 120	Principles of Food Science with Lab #	3
OCEA 101	Introduction to Oceanography	3
OCEA 101H	Introduction to Oceanography (Honors)	3
OCEA 101L	Introductory Oceanography Laboratory #	1
PHSN 106	Introduction to Physical Science: Physics and Chemistry	3
PHSN 108	Introduction to Climate Change	3
PHSN 108H	Introduction to Climate Change (Honors)	3
PHYS 111	Introductory Physics I #	4
PHYS 111H	Introductory Physics I (Honors)	4
PHYS 112	Introductory Physics II #	4
PHYS 112H	Introductory Physics II (Honors)	4
PHYS 151	Principles of Physics I #	4
PHYS 151H	Principles of Physics I (Honors) #	4
PHYS 152	Principles of Physics II #	4
PHYS 152H	Principles of Physics II (Honors) #	4
PHYS 253	Principles of Physics III #	4
PHYS 253H	Principles of Physics III (Honors) #	4
PSYC 260	Physiological Psychology	3

## AREA C—Humanities

These courses study the cultural activities and artistic expressions of human beings. These courses will develop:

- ▶ An awareness of the ways in which people throughout the ages and in different cultures have responded to themselves and the world around them in artistic and cultural creation
- ▶ An aesthetic understanding
- ▶ An ability to make value judgments.

A minimum of 3 semester units is required. Select one course from any discipline.

Required courses:

ART 100	Drawing and Composition	3
ART 101	Design and Color	3
ART 103	3D Design	3
ART 104	Artists & Designers Now	3
ART 157	Art Orientation	3
ART 158	Traditional Arts of Africa, Oceania, and the Americas	3
ART 159	Pre-Columbian Art	3
ART 159H	Pre-Columbian Art (Honors)	3
ART 201	Objects and Ideas in Contemporary Art	3
ART 230	Installation Art	3
ART 232	Video Art	3
ART 244	Digital Media for the Visual Artist	3
ART 254	Understanding and Appreciating the Photographic Image	3
ART 258	Ancient to Gothic Art	3
ART 259	History of Renaissance to Modern Art	3
ART 260	History of Modern Art	3
ART 260H	History of Modern Art (Honors)	3
ART 290	Landmarks of Art	3
AUTO 110	History of the Automobile	3
CCS/SOC 230	Introduction to Chicana/o Studies	3
CCS/SOC 232	Critical Issues in Chicana and Latina Studies	3
COMM 111	Narrative Performance	3
COMM 150	Communication, Culture, and Leadership	3
COMM 215	Intercultural Communication	3
DESN 107	History of Western Architecture-A Sustainable Perspective	3
DESN 108	World Architecture	3
DNCE 100	Dance Appreciation	3
DNCE 100H	Dance Appreciation (Honors)	3
DNCE 101	Dance History	3
DNCE 101H	Dance History (Honors)	3
DNCE 104	Dance on Film	3
DNCE 104H	Dance on Film (Honors)	3
DNCE 105	Dance Cultures of the World	3
DNCE 105H	Dance Cultures of the World (Honors)	3
DRAM 105	Introduction to Theatre	3
DRAM 130	Acting I	3
DRAM 134	Introduction to Performance	3
DRAM 222	Introduction to Black Theater	3
ETHN 100	Introduction to Ethnic Studies	3
FILM 101	Introduction to Film	3
FILM 101H	Introduction to Film (Honors)	3
FILM 106	Study of Filmed Plays	3
FILM 111	Film History I: 1880-1945	3
FILM 111H	Film History I: 1880-1945 (Honors)	3

FILM 112	Film History II: 1945-Present	3
FILM 112H	Film History II: 1945-Present (Honors)	3
FILM 211	Identity and Film: Race, Class, Gender and Sexuality	3
FILM 211H	Identity and Film: Race, Class, Gender and Sexuality (Honors)	3
FILM 212	Women and Film: Representation and Impact	3
FILM 212H	Women and Film: Representation and Impact (Honors)	3
FREN 101	Elementary French (First Semester)	4
FREN 102	Elementary French (Second Semester)	4
FREN 121	Introduction to French Culture	3
FREN 201	Intermediate French (Third Semester)	4
FREN 202	Intermediate French (Fourth Semester)	4
GRMN 101	Elementary German (First Semester)	4
GRMN 102	Elementary German (Second Semester)	4
GRMN 121	Introduction to German Culture	3
GRMN 201	Intermediate German (Third Semester)	4
HIST 103	Early European History and Culture	3
HIST 103H	Early European History and Culture (Honors)	3
HIST 104	Modern European History and Culture	3
HIST 104H	Modern European History and Culture (Honors)	3
HUMN 101	Introduction to the Arts	3
HUMN 101H	Introduction to the Arts (Honors)	3
HUMN 201	Cultural Eras in the Humanities: Prehistory to 1600	3
HUMN 202	Humanities of the Western World: The Renaissance to the Twentieth Century	3
HUMN 205	Women in Western Art and Literature	3
ITAL 101	Elementary Italian (First Semester)	4
ITAL 102	Elementary Italian (Second Semester)	4
ITAL 121	Introduction to Italian Culture	3
ITAL 201	Intermediate Italian (Third Semester)	4
ITAL 202	Intermediate Italian (Fourth Semester)	4
JAPN 101	Elementary Japanese (First Semester)	4
JAPN 101H	Elementary Japanese (First Semester) (Honors)	4
JAPN 102	Elementary Japanese (Second Semester)	4
JAPN 121	Introduction to Japanese Culture	3
JAPN 123	Japanese Anime and Manga	3
JAPN 123H	Japanese Anime and Manga (Honors)	3

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JAPN 201	Intermediate Japanese (Third Semester)	4
JAPN 202	Intermediate Japanese (Fourth Semester)	4
LIT 100	Introduction to Chicano Chicana Literature	3
LIT 101	Introduction to Asian American Literature	3
LIT 120	Introduction to Literature	3
LIT 122	Introduction to African American Literature	3
LIT 250	American Literature: First Contact Through the Civil War	3
LIT 250H	American Literature: First Contact Through the Civil War (Honors)	3
LIT 251	American Literature: Mid-1800s to the Present	3
LIT 251H	American Literature: Mid-1800s to the Present (Honors)	3
LIT 260	English Literature Through the 18th Century	3
LIT 260H	English Literature Through the 18th Century (Honors)	3
LIT 261	English Literature: Romantic to Contemporary	3
LIT 261H	English Literature: Romantic to Contemporary (Honors)	3
LIT 265	Shakespeare Studies	3
LIT 265H	Shakespeare Studies (Honors)	3
LIT 270	World Literature to 1600	3
LIT 270H	World Literature to 1600 (Honors)	3
LIT 271	World Literature Since 1600	3
MAT 105	History of Graphic Design	3
MUS 100	Introduction to Music Theory	3
MUS 112	American Popular Music	3
MUS 113	The Music of America	3
MUS 114	History of Rock and Roll	3
MUS 115	History of Classical Music	3
MUS 116	A Survey of World Music	3
MUS 119	Jazz History	3
MUS 119H	Jazz History (Honors)	3
PHIL 101	Introduction to Philosophy: Knowledge and Reality	3
PHIL 101H	Introduction to Philosophy: Knowledge and Reality (Honors)	3
PHIL 102	Contemporary Moral Problems	3
PHIL 221	Philosophy of Religion	3
RELG 101	World Religions	3
RELG 101H	World Religions (Honors)	3
RELG 103	Religion in America	3
RELG 105	Eastern Religions	3
SOC/CCS 230	Introduction to Chicana/o Studies	3
SOC/CCS 232	Critical Issues in Chicana and Latina Studies	3
SPAN 101	Elementary Spanish (First Semester)	4

SPAN 102	Elementary Spanish (Second Semester)	4
SPAN 201	Intermediate Spanish (Third Semester)	4
SPAN 202	Intermediate Spanish (Fourth Semester)	4
SPAN 205	Hispanic Film, Literature, and Composition	3
SPAN 221	Spanish for Native Speakers	4
SPAN 222	Spanish for Native Speakers II	4

### Area D—Social & Behavioral Sciences

These courses focus on people as members of society. These courses will:

- ▶ Develop an awareness of the method of inquiry used by the social and behavioral sciences
- ▶ Stimulate critical thinking about the ways people act and have acted in response to their societies
- ▶ Promote appreciation of how societies and social subgroups operate.

A minimum of 3 semester units is required. Select one course from any discipline.

ADM 100	Introduction to the Administration of Justice	3
ADM 100H	Introduction to the Administration of Justice (Honors)	3
ADM 200	Concepts of Criminal Law	3
ANTH 102	Cultural Anthropology	3
ANTH 102H	Cultural Anthropology (Honors)	3
ANTH 103	Introduction to Archaeology	3
ANTH 104	Native American Cultures	3
ANTH 107	Gender, Sex, and Sexuality	3
ANTH 120	Global Health	3
ANTH 190	Primate Behavior and Ecology	3
ANTH 190H	Primate Behavior and Ecology (Honors)	3
AUTO 111	Car Culture	3
CCS/SOC 230	Introduction to Chicana/o Studies	3
CCS/SOC 232	Critical Issues in Chicana and Latina Studies	3
CHLD 113	Child and Adolescent Growth and Development	3
CHLD 235	Children in a Diverse Society	3
COMM 120	Principles of Human Communication	3
COMM 135	Gender Studies in Communication	3
COMM 220	Introduction to Mass Communication	3
CSIT 160	Technology, the Individual, and Society	3
ECON 100	Survey of Economics	3
ECON 101	Principles of Economics: MACRO	3
ECON 102	Principles of Economics: MICRO	3
ETHN 100	Introduction to Ethnic Studies	3
GEOG 102	Cultural Geography	3
GEOG 104	World Geography	3

GEOG 108	Environmental Sustainability and Society	3	PSYC 100	Psychology of Personal Growth	3
GERO 101	Introduction to Aging	3	PSYC 101	General Psychology	3
GERO 250	Intergenerational Issues	3	PSYC 101H	General Psychology (Honors)	3
HIST 100	World History to 1500	3	PSYC 103	Social Psychology	3
HIST 100H	World History to 1500 (Honors)	3	PSYC 114	Abnormal Psychology	3
HIST 101	World History Since 1500	3	PSYC 115	Human Sexuality	3
HIST 101H	World History Since 1500 (Honors)	3	PSYC 121	Human Development	3
HIST 102	History of the Modern Middle East	3	PSYC 121H	Human Development (Honors)	3
HIST 102H	History of the Modern Middle East (Honors)	3	PSYC 125	Psychology of Women	3
HIST 105	History of England	3	PSYC 170	Psychology of Aging: Adult Development and Aging	3
HIST 105H	History of England (Honors)	3	PSYC 211	Learning and Behavior Modification	3
HIST 106	History of Technology	3	SOC 101	Introduction to Sociology	3
HIST 106H	History of Technology (Honors)	3	SOC 101H	Introduction to Sociology (Honors)	3
HIST 107	East Asian Societies	3	SOC 102	Contemporary Social Problems	3
HIST 110	United States History to 1877	3	SOC 103	Social Psychology	3
HIST 110H	United States History to 1877 (Honors)	3	SOC 105	Introduction to Justice Studies	3
HIST 111	United States History Since 1877	3	SOC 120	Introduction to Women's Studies	3
HIST 111H	United States History Since 1877 (Honors)	3	SOC 130	Introduction to Gender Studies	3
HIST 113	American Military History	3	SOC 140	Introduction to LGBT Studies	3
HIST 113H	American Military History (Honors)	3	SOC/CCS 230	Introduction to Chicana/o Studies	3
HIST 115	Women in American History	3	SOC/CCS 232	Critical Issues in Chicana and Latina Studies	3
HIST 115H	Women in American History (Honors)	3	SOC 250	Introduction to Pacific Studies	3
HIST 116	History of the Americas to 1830	3	<b>Area E—Lifelong Learning</b> Courses in this category equip student learners for lifelong understanding and development of themselves as integrated physiological, social, and psychological beings. Technology and information-fluency courses develop the students' ability to skillfully and effectively make use of two or more technological tools to access, evaluate, analyze, integrate, and utilize information in a variety of contexts in order to apply it to decision making, critical thinking, and problem solving in their lives. Self-development courses encourage attentiveness to health and well-being and to the practical aspects of managing and improving students' lives.  A minimum of 3 semester units is required. Select one course from either group.		
HIST 116H	History of the Americas to 1830 (Honors)	3			
HIST 117	History of the Americas Since 1830	3			
HIST 117H	History of the Americas Since 1830 (Honors)	3			
HIST 141	Mexican American History Through 1877	3			
HIST 141H	Mexican American History Through 1877 (Honors)	3			
HIST 142	Mexican American History Since 1877	3			
HIST 142H	Mexican American History Since 1877 (Honors)	3			
HIST 145	African American History to 1877	3			
HIST 145H	African American History to 1877 (Honors)	3			
HIST 146	African American History Since 1877	3	<b>E1. Technology &amp; Information Fluency</b>		
HIST 146H	African American History Since 1877 (Honors)	3			
HIST 165	California History	3			
PLSC 101	Introduction to Political Science	3			
PLSC 101H	Introduction to Political Science (Honors)	3			
PLSC 102	American Institutions and History	4			
PLSC 103	Comparative Government	3			
PLSC 150	Introduction to International Relations	3			
			ACCT 101	Practical Accounting	4
			ACCT 145	Individual Income Tax	4
			BUS 133	Project Management	3
			CSIT 101	Introduction to Computers	3
			CSIT 110	Computer Applications	3
			CSIT 120	Fundamentals of Computer Information Systems	3
			CSIT 137	Google Apps for Business	3
			CSIT 155	Social Media for Business	3
			LIBR 101	Introduction to Library Research	1
			LIBR 201	Media & Information Literacy	3
			LIBR 201H	Media & Information Literacy (Honors)	3
			MAT 120	Media Design 1: Production	3
			MAT 125	Web Design 1: Fundamentals	3



MAT 150	Animation and Interactivity	3
MAT 165	Web Design 2: WordPress and Site Production	3
MAT 180	Digital Publishing: Adobe InDesign	3

## E2. Self-Development\*\*\*

BTEC 107	Exploring Biotechnology: Emerging Trends, Careers, and the Local Industry	3
BUS 136	Human Relations in Business	3
BUS 147	Personal Finance	3
CHLD 113	Child and Adolescent Growth and Development	3
COMM 144	Race and Ethnicity in Communication	3
COMM 150	Communication, Culture, and Leadership	3
COUN 100	College and Career Success	3
CSIT 160	Technology, the Individual, and Society	3
CSIT 165	Living in an Online World	3
GERO 101	Introduction to Aging	3
GERO 250	Intergenerational Issues	3
HEAL 101	Principles of Health	3
HEAL 205	Integrative Health and Wellness	3
INTR 100	Foundation Skills for the College Experience	3
NURS 283	Medical Surgical Nursing IV	7
NUTR 100	Nutrition Today	3
NUTR 100H	Nutrition Today (Honors)	3
NUTR 105	Human Performance and Sports Nutrition	3
NUTR 125	Nutrition and Aging	3
PSYC 100	Psychology of Personal Growth	3
PSYC 115	Human Sexuality	3
PSYC 121	Human Development	3
PSYC 121H	Human Development (Honors)	3
PSYC 145	Psychology/Sociology of the Family	3
PSYC 170	Psychology of Aging: Adult Development and Aging	3
SOC 145	Psychology/Sociology of the Family	3

## Area F—Cultural Diversity\*\*

Courses in this category demonstrate sensitivity to and promote a climate of cultural diversity. They focus specifically on a multicultural and global perspective and foster an understanding of the student's role in a global community. Courses that fulfill this requirement introduce and examine the intersection of ethnicity, language, or culture with gender, sexuality, class, or other important social categories, such as religion.

A minimum of 3 semester units is required.

ADM 230	Policing in a Diverse and Multicultural Society	3
BLST/SOC 240	Introduction to Black Studies	3

BUS 136	Human Relations in Business	3
BUS 160	International Business	3
CCS/SOC 230	Introduction to Chicana/o Studies	3
CCS/SOC 232	Critical Issues in Chicana and Latina Studies	3
CHLD 210	Child, Family, and Community	3
CHLD 235	Children in a Diverse Society	3
COMM 215	Intercultural Communication	3
DNCE 104	Dance on Film	3
DNCE 104H	Dance on Film (Honors)	3
DNCE 105	Dance Cultures of the World	3
DNCE 105H	Dance Cultures of the World (Honors)	3
DNCE 169	Introduction to World Dance Forms	1
DRAM 222	Introduction to Black Theater	3
ETHN 100	Introduction to Ethnic Studies	3
ETHN/SOC 207	Race and Ethnic Relations	3
FILM 211	Identity and Film: Race, Class, Gender and Sexuality	3
FILM 211H	Identity and Film: Race, Class, Gender and Sexuality (Honors)	3
FILM 212	Women and Film: Representation and Impact	3
FILM 212H	Women and Film: Representation and Impact (Honors)	3
FREN 121	Introduction to French Culture	3
GEOG 102	Cultural Geography	3
GEOG 104	World Geography	3
GERO 101	Introduction to Aging	3
GERO 130	Caregiving: Techniques for Working with the Frail Elderly	3
GRMN 121	Introduction to German Culture	3
HIST 100	World History to 1500	3
HIST 100H	World History to 1500 (Honors)	3
HIST 101	World History Since 1500	3
HIST 101H	World History Since 1500 (Honors)	3
HIST 102	History of the Modern Middle East	3
HIST 102H	History of the Modern Middle East (Honors)	3
HIST 103	Early European History and Culture	3
HIST 103H	Early European History and Culture (Honors)	3
HIST 104	Modern European History and Culture	3
HIST 104H	Modern European History and Culture (Honors)	3
HIST 105	History of England	3
HIST 105H	History of England (Honors)	3
HIST 110	United States History to 1877	3
HIST 110H	United States History to 1877 (Honors)	3
HIST 111	United States History Since 1877	3
HIST 111H	United States History Since 1877 (Honors)	3
HIST 113	American Military History	3

HIST 113H	American Military History (Honors)	3
HIST 115	Women in American History	3
HIST 115H	Women in American History (Honors)	3
HIST 116	History of the Americas to 1830	3
HIST 116H	History of the Americas to 1830 (Honors)	3
HIST 117	History of the Americas Since 1830	3
HIST 117H	History of the Americas Since 1830 (Honors)	3
HIST 141	Mexican American History Through 1877	3
HIST 141H	Mexican American History Through 1877 (Honors)	3
HIST 142	Mexican American History Since 1877	3
HIST 142H	Mexican American History Since 1877 (Honors)	3
HIST 145	African American History to 1877	3
HIST 145H	African American History to 1877 (Honors)	3
HIST 146	African American History Since 1877	3
HIST 146H	African American History Since 1877 (Honors)	3
JAPN 121	Introduction to Japanese Culture	3
JAPN 123	Japanese Anime and Manga	3
JAPN 123H	Japanese Anime and Manga (Honors)	3
LIT 122	Introduction to African American Literature	3
LIT 270	World Literature to 1600	3
LIT 270H	World Literature to 1600 (Honors)	3
LIT 271	World Literature Since 1600	3
MUS 116	A Survey of World Music	3
MUS 119	Jazz History	3
MUS 119H	Jazz History (Honors)	3
NUTR 108	Cultural Aspects of Foods and Nutrition	3
PLSC 102	American Institutions and History	4
PSYC 121	Human Development	3
PSYC 121H	Human Development (Honors)	3
RELG 101	World Religions	3
RELG 101H	World Religions (Honors)	3
RELG 105	Eastern Religions	3
SOC 120	Introduction to Women's Studies	3
SOC/ETHN 207	Race and Ethnic Relations	3
SOC/CCS 230	Introduction to Chicana/o Studies	3
SOC/CCS 232	Critical Issues in Chicana and Latina Studies	3
SOC/BLST 240	Introduction to Black Studies	3
SOC 250	Introduction to Pacific Studies	3
SPAN 101	Elementary Spanish (First Semester)	4
SPAN 102	Elementary Spanish (Second Semester)	4

SPAN 201	Intermediate Spanish (Third Semester)	4
SPAN 205	Hispanic Film, Literature, and Composition	3

### Area G—American Institutions & History\*\*

Courses in this category develop the knowledge and skills necessary for intelligent citizenship. They focus on the major events and issues in U.S. history and the political processes used in the United States.

A minimum of 3 semester units is required.

Required courses:		
HIST 110	United States History to 1877	3
HIST 110H	United States History to 1877 (Honors)	3
HIST 111	United States History Since 1877	3
HIST 111H	United States History Since 1877 (Honors)	3
HIST 116	History of the Americas to 1830	3
HIST 116H	History of the Americas to 1830 (Honors)	3
HIST 117	History of the Americas Since 1830	3
HIST 117H	History of the Americas Since 1830 (Honors)	3
HIST 141	Mexican American History Through 1877	3
HIST 141H	Mexican American History Through 1877 (Honors)	3
HIST 142	Mexican American History Since 1877	3
HIST 142H	Mexican American History Since 1877 (Honors)	3
HIST 145	African American History to 1877	3
HIST 145H	African American History to 1877 (Honors)	3
HIST 146	African American History Since 1877	3
HIST 146H	African American History Since 1877 (Honors)	3
HIST 165	California History	3
PLSC 102	American Institutions and History	4

### Important Information & Footnotes

This general education pattern is subject to change year by year, but students are assured that courses taken to meet this requirement will be honored if they are approved for the academic year that the course is completed. Courses on this list are approved effective fall 2023 and are valid through summer 2024.

Credit will not be awarded for both the honors and the non-honors version of a course.

Courses may be used to satisfy a general education and a major requirement.

Courses listed in two different areas may be used in either area but not both.

## Plan A

- \* Courses completed with a "C" or "P" can be used to meet the graduation competency requirements.
- \* Courses completed in these categories may also satisfy other general education requirements.
- \* Active duty military personnel and U.S. military veterans may satisfy E-2 through submission of a military transcript that demonstrates the completion of Basic Training or Recruit Training (DD214, DD295, or other military transcript).
- # Laboratory course.