

# Counseling

The Counseling Department offers courses that help students develop the skills they need to succeed in college and make effective career and life choices. The department also offers Special Topics courses related to various areas of academic, career, and personal development.

## Contact Information

**Chair:** Don Love  
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 www.miracosta.edu/COUN

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 760.795.6670

## Full-Time Faculty

Adrean Askerneese	Luke Lara
Yesenia Balcazar	Sinar Lomeli
Markus Berrien	Don Love
Veronica Bloss	Donny Munshower
Laney Collins	Candelaria Owens
Arti Dua	Kris Peck
Karina Duarte	Oswaldo Ramirez
Michelle Farnam	Jed Schlueter
Lise Flocken	Ariana Solis
Hilda Gomez-Zinn	Krystle Taylor
Jorge Guerrero	Cynthia Vasquez Gonzales
Laura Hayek	Kristi Wish
Jeff Higginbotham	Afifa Zaman
Wendy Horton	Magdalena Zepeda
Ticey Hosley	

## Courses

### COUN 100: College and Career Success

Units: 3  
 Prerequisites: None  
 Acceptable for Credit: CSU, UC  
 Lecture 3 hours.  
 Course Typically Offered: Fall, Spring, and Summer

This course teaches success strategies to enhance academic and lifelong learning while integrating career and academic planning. The course evaluates theories and strategies of college success, including time management, study skills, health and wellness, diversity and global awareness, communication, and critical thinking. Students analyze career-related assessments, research careers and majors, and develop an academic plan. Recommended for first-time and returning students or those undecided on a major or goal. UC CREDIT LIMITATION: Credit for COUN 100, COUN 105, or INTR 100.

### COUN 101: Orientation to College

Units: 1  
 Prerequisites: None  
 Acceptable for Credit: CSU  
 Lecture 1 hour.  
 Course Typically Offered: Fall, Spring, and Summer

This course prepares new and returning students to develop the knowledge, skills, attitudes, and behaviors necessary for academic and personal success during a student's first semester in college. Topics include college expectations, the function of higher education, study skills, campus resources and policies, and personal development skills.

### COUN 105: Transfer Success

Units: 1  
 Prerequisites: None  
 Acceptable for Credit: CSU, UC  
 Lecture 1 hour.  
 Course Typically Offered: Fall, Spring

This course promotes academic success by providing students with information that will clarify the transfer process, identify support services on campus, and assist them in developing a comprehensive transfer plan. Topics include a review of higher education options, the process for determining a major, applications and admissions timelines, and criteria for establishing educational goals. UC CREDIT LIMITATION: Credit for COUN 100, COUN 105, or INTR 100.

### COUN 292: Internship Studies

Units: 0.5-3  
 Prerequisites: None  
 Corequisite: Complete 75 hrs paid or 60 hrs non-paid work per unit.  
 Enrollment Limitation: Instructor, dept chair, and Career Center approval. May not enroll in any combination of cooperative work experience and/or internship studies concurrently.  
 Acceptable for Credit: CSU  
 Course Typically Offered: To be arranged

This course provides students the opportunity to apply the theories and techniques of their discipline in an internship position in a professional setting under the instruction of a faculty-mentor and site supervisor. It introduces students to aspects of the roles and responsibilities of professionals employed in the field of study. Topics include goal-setting, employability skills development, and examination of the world of work as it relates to the student's career plans. Students must develop new learning objectives and/or intern at a new site upon each repetition. Students may not earn more than 16 units in any combination of cooperative work experience (general or occupational) and/or internship studies during community college attendance.

## Counseling

### **COUN 296: Topics in Counseling**

Units: 1-3

Prerequisites: None

Acceptable for Credit: CSU

Lecture 1 hour.

Lecture 2 hours.

Lecture 3 hours.

Course Typically Offered: To be arranged

This course gives students an opportunity to study topics in Counseling that are not included in regular course offerings. Each Topics course is announced, described, and given its own title and 296 number designation in the class schedule.